

## MACM Patient Medical Narrative (feel free to modify, max. 2 pages)

Concerned about using e-mail? Mail completed form to address on website Contact Form.

Contact Info Address

e-mail:

Phone:

- My reason(s) for seeking Integrative Health approaches to improve my health –
- The problem(s) started on –
- At that time, or in the previous months, I was going through / experiencing the following –
- These actions / activities improve (or aggravate) the health conditions that concern me most ...
- Would you like to learn ways to manage these conditions yourself using lifestyle modifications?  
Please share your interests and objectives.